

Working Together



NEWSLETTER

Email: blighty-p.school@det.nsw.edu.au Website: www.blighty-p.schools.nsw.edu.au

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Relieving Principal:
Marita Leetham

Important Dates for Your Calendar:

- ◆ 15th Nov 5/6 Big Bash
- ◆ 20th Nov Gymnastics & IGA Excursion
- ◆ 21st Nov Kinder Transition & 2pm Afternoon tea for parents information
- ◆ 22nd Nov Beach to Bush visit

Reminders:

- ◆ Music (uke/recorder) - Monday
- ◆ Banking - Thursday
- ◆ Canteen - Thursday
- ◆ Sport - Friday
- ◆ Library- K-2 Tuesday 3-6 Friday

Canteen:

Please change with someone else on the list if you are unable to come on that day and let the office know.

Canteen helpers are asked to please bring some fresh fruit to cut up and share with the children. Thank you.

Summer Menu Term 4

- 21st Nov - Sonia Frost
- Due to Intensive Swimming lunch will be at 11:30
- 28th Nov - Michelle Baker
- 5th Dec - Caron Charlton
- Lunch 1:20 pm
- 12th Dec - Lou Hanmer

School Play—Night at the Museum

Wow! What a performance! Our students are indeed VERY talented! Thank you to all our amazing students for putting on such a wonderful show yesterday! Thank you to our fantastic P&C and families for helping us put on such a great show! A special thanks to everyone who helped us pack up last night, brought in a plate to share, set up tea and coffee, selling or buying raffle tickets, helped with props, costumes, transporting equipment, picking up and dropping off stage pieces and letting us borrow your trailers and utes. All helpers are very much appreciated!



K-2 Hay Excursion

Last Thursday our K-2 students survived windy wet conditions to enjoy a fun-filled day in Hay with students from Mayrung and Conargo. Students visited Hay Shear Outback, Hay Gaol, saw a shearing demonstration and participated in a walking/smelling tour. A big thank you to Robyn, Miss O'Brien and Mrs Conallin for accompanying our students.



Upcoming Events

Sporting Schools Gymnastic and IGA Excursion

Wednesday 20th November the student will depart Blighty school at 9:30 am and participate in Gymnastics at Deniliquin RSL Sporting Complex and IGA Maths. Departing Deniliquin Rocket Park at 2:30 pm and following the revised bus timetable to return to school at 3:10 pm and continue with normal bus run.

Intensive Swimming Program

Our 2019 Intensive Swimming program will run each day during Weeks 7 and 8. K-6 students will be participating in these sessions at the Deniliquin Pool from 2:10 - 2:50 pm each afternoon. Students will need to bring their swimmers, Rashie and towel to school each day. We will ask students to get changed into their swimmers at school before we depart for Deniliquin. The afternoon bus run will commence on the return trip to Blighty Public School.

P&C AGM (Week 8)

The P&C Annual General Meeting will be held on Monday 2nd December at 3:30 pm in the Library. A general meeting will follow. All positions are declared vacant and nominations are then called for. Please speak to Sonia Frost or me, if you would like more information. We love to see all families represented at these meetings.

Presentation Day

Presentation Day will be held on Monday 16th December at the school. We are requesting all parents and guests arrive and be seated by 9:45 am so that we can start by 10 am. We anticipate the formal proceeding will take approximately 90 minutes, which will be followed by a BYO picnic lunch.

Parenting Tips...

Talk about what it means to be a good person. Start early: When you read bedtime stories, for example, ask your toddler whether characters are being mean or nice and explore why.



Student Profile

Name: Inga

Age: 9

Nickname: Ingie

Fav. Food: Mango

Fav. Drink: Lemonade

Fav. TV Show: Spirit

Fav. Movie: Dora and the Lost City of Gold

Fav. Holiday Destination: Brisbane

Fav. Sports Team: Queensland Fire Birds

Fav. Performer or Group: Walk Off the Earth

Fav. Smell: Chocolate

Fav. Memory: When the puppies were born

Fav. Thing to do: Play with Emily on the farm

One thing I have learnt: How to paint colourful Christmas trees with Mrs Webb

Fav. Subject: Art

What I would like to do when I finish School: Work for Dad on the farm

Where I see myself in 20 years: Vet

Three famous people (living, dead or make believe) you would like to invite to a dinner party: Emily, Alex from



Nutrition Snippet

The simplest way

... to swap ham out of the lunch box.

We know that ham is a lunch box staple for many families, however, Cancer Council recommends that we limit or avoid processed meats such as ham, salami and bacon, because of their link with increasing the risk of bowel and stomach cancer.



One way to help your family limit their intake of processed meats is to keep them out of the lunch box. Better choices include:

- BBQ chicken with skin removed
- Canned tuna or salmon
- Boiled eggs
- [Hummus](#)
- Cheese
- Leftover home-cooked meat
- [Home cooked rissoles](#)

For more ideas visit healthylunchbox.com.au

healthylunchbox.com.au

SAVE THE DATE

BLIGHTY COMMUNITY CRISTMAS PARTY

FRIDAY 6TH DECEMBER 2019

AT BLIGHTY HALL



National Skin Cancer Action Week 2019

Between November 17th and 23rd Cancer Council Australia and the Australasian College of Dermatologists are coming together again for National Skin Cancer Action Week.

The action week is an important reminder that most skin cancers can be prevented by the use of good sun protection. This National Skin Cancer Action Week, all Australians are urged to use the five forms of sun protection.

Exciting news!

Not only can you see award winning vocalist and one of Australia's favourite names in jazz, Emma Pask, right here in Deni at your very own Regional Conservatorium ...

But you also now have the opportunity to attend and learn directly from her! in a one off Vocal Workshop taking place next Saturday afternoon at 4.30pm (prior to the concert). \$30, or FREE for South West Music students receiving individual tuition.

Limited spots are available, so give us a call to book your place 5881 4736.

And if you haven't yet booked your seat/s for the concert, don't waste another minute! [Reserve your seating online Now!](#)

Or call us at The Con 5881 4736.

Kind regards,

South West Music

